

FRANKLIN STREET WORKS C A F E

LUNCH MENU

SANDWICHES

SERVED ON LOCAL ARTISANAL BREAD WITH SEASONAL MIXED GREENS

TURKEY BLT

SLICED TURKEY, LETTUCE, TOMATO, BACON AND CHIPOTLE AIOLI ON CIABATTA

9

CHICKEN APPLE CURRY

CHICKEN SALAD MIXED WITH GREEN APPLES, CELERY, GRAPES, CURRY
AND BABY ARUGULA ON 7 GRAIN BREAD

9

GARDEN VEGETABLE WRAP

ROASTED ZUCCHINI AND RED PEPPERS, CARROTS, ONIONS, CUCUMBER AND MIXED GREENS
WITH LOCALLY MADE HUMMUS ON A WHOLE WHEAT WRAP

9

GRILLED SWEET MANCHEGO

SLICED MANCHEGO, HOUSE MADE FIG JAM AND SOPRESSATA GRILLED ON HEARTY 7 GRAIN BREAD

7

SMASHED AVOCADO TOAST

SMASHED AVOCADO WITH LIME AND CHILI FLAKES ON TOASTED 7 GRAIN BREAD

6

SEASONAL QUICHE

6.50

SOUPS

TURKEY CHILI (SEASONAL)

6.5

SOUP OF THE DAY (VEGETARIAN)

5

FRUIT AND YOGURT BOWL

SMALL 4

LARGE 6

HOUSE MADE BAKED GOOD MADE FRESH DAILY

SALADS

MADE TO ORDER - VEGAN OR VEGETARIAN UPON REQUEST

ARUGULA SALAD

BABY ARUGULA, SHAVED FENNEL, MANCHEGO CHEESE, GRAPEFRUIT SEGMENTS, HOUSE MADE
HERB CROUTONS AND LEMON VINAIGRETTE

9

SOUTHWESTERN COBB

ROMAINE LETTUCE, ROASTED CHICKEN BREAST, CHERRY TOMATOES, BLACK BEANS,
AGED CHEDDAR, AVOCADO, BACON AND CHIPOTLE VINAIGRETTE

10

KALE SALAD

CHOPPED KALE, DRIED CRANBERRIES, TOASTED WALNUTS, PICKLED RED ONIONS, BLUE CHEESE
AND BALSAMIC VINAIGRETTE

9

41 FRANKLIN STREET STAMFORD, CT 06901 (203) 595 - 5581 TUESDAY - FRIDAY 10-5

SATURDAY-SUNDAY BRUNCH 9-5

ORDER ONLINE AT WWW.FRANKLINSTREETWORKS.ORG/CAFE